



## **Richard Lamb Jumping Clinic, May 9-10, 2009**

*“Allow it to happen, Don’t make it happen”*

***Richard Lamb is one of the premier teaching and training talents in the USA.*** For over 35 years he has been coaching and conducting clinics in all disciplines, with all ages and levels of riders. He is now a celebrated course designer at major U.S. jumping competitions. He is a Certified Instructor with the **United States Eventing Association (USEA)** achieving the Level 3 in 2008, and has been a National Examiner with the **US Pony Clubs** for 20 years. He is a lifelong foxhunter and as a young person, lived and rode in Ireland training show jumpers and race horses. Because Richard cares deeply about the quality of both what he teaches and how he teaches, he has become a highly respected teacher and trainer as well as a widely popular clinician. His methods are uncomplicated and he assists students clearly and with a wonderful sense of humor.

***Teaching Philosophy*** Richard never sacrifices the classical basics, especially balance, and believes strongly that our command of these basics directly correlates with our training and performing success. Richard believes it is the instructor’s responsibility to make himself understood and to work with each rider as an individual. Richard is always seeking to learn more about how to teach ever more effectively. *“It is not just talent that makes you a good rider, but persistence and keeping at it when things get tough... In riding you have to focus on what you want to happen instead of on what you’re afraid might happen.”*

***Emphasis on Balance*** *“Your horse is only as balanced as you are...no matter what you are wearing or what saddle you are sitting in. I believe our self-carriage determines our horses ‘self carriage’. I try to help riders learn to use their aids with less physical and mental effort in order to work with, and not against their horses on the flat and over fences. Horses naturally want to move in balance and it is our job to make it easier for them to do what they already know and want to do.”* - Richard Lamb



**Richard Lamb Clinic Information** The format of this clinic will be small group sessions (three to four students) with one fee of \$150 for two lessons, Saturday and Sunday, the second day building on the first day's lesson. Only seven sessions are offered. You may bring more than one horse to ride in another group if space allows.

These are the levels of classes offered

(Management reserves the right to combine or divide as entries warrant)

- Improving Flatwork using ground poles/cavaletti
- Jumping Essentials: Using Flatwork and Gymnastics to Improve Gaits and Jumping Technique applies to young horses, field hunters and other practical applications like cross country jumping. If interest warrants we will have a session just for green horses and or foxhunters.
- Course Work I for those wanting to do beginner courses
- Course Work II Intermediate Flatwork and Jumping (2' to 3')
- Course Work III Advanced Flatwork and Jumping (3' and up)

Any of these jumping groups may include gymnastics or cavaletti, the first day's lesson will apply to the performance accomplished in the second day's lesson

Please Note: For those who wish to stay to watch and learn (which is highly recommended), Tasty Box lunches will be available if you order them in advance on the entry or by phoning the (931-424-0827) up to one week before the event.

**Clinic Location:** Just northeast of Huntsville, AL (accessible reasonably from Interstate 65) at Tim & Barbara Fisk's Capshaw Training Facility with spacious all weather surfaces and a completely new course of highest quality fences and gymnastic materials. This location 45 minutes from the Hillsboro hunt country, 1 ½ hours from Nashville, TN and is basically 3 hours from Memphis, TN. GPS Street Address: 1221 Capshaw Road, Harvest, AL. Please use [www.mapquest.com](http://www.mapquest.com) for directions from your location. For reference once you have reached your destination, the driveway is among large evergreen shrubs (trees) with black flexible fencing



## Richard Lamb Clinic Entry May 9-10, 2009

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE \_\_\_\_\_ ZIP \_\_\_\_\_

EMAIL \_\_\_\_\_ PHONE \_\_\_\_\_ Age if Jr. \_\_\_\_\_

Cell phone for emergencies \_\_\_\_\_

Class Level Entry (Check one)

\_\_\_ Improving Flatwork with Ground Poles/cavaletti

\_\_\_ Jumping Essentials with Gymnastics

\_\_\_ Course Work I for those wanting to do beginner courses

\_\_\_ Course Work II Intermediate Flatwork and Jumping (2' to 3')

\_\_\_ Course Work III Advanced Flatwork and Jumping (3' and up)

About the horse I will bring \_\_\_\_\_

PLEASE BRING A NEGATIVE COGGINS TEST DATED WITHIN ONE YEAR FOR THIS HORSE WITH YOU

My basic riding experience \_\_\_\_\_

I WOULD LIKE TO ORDER \_\_\_ Box lunches for Saturday and Sunday \$16 for both days (per person)

Vegetarian --yes --- no--- Other dietary restriction \_\_\_\_\_

STABLING : SOME STABLING, MAY BE OFF SITE Trailer size for parking plan: \_\_\_\_\_

FRIDAY AND SATURDAY OVERNIGHT (\$40) \_\_\_\_\_ SATURDAY OVERNIGHT (\$20) \_\_\_\_\_

Clinic Fee \$150 covers both group lessons (Saturday and Sunday) **Reservation upon check receipt only** Amount of check enclosed \$ \_\_\_\_\_ Make checks payable to: Harmony Riding & Driving Club



*This educational event is brought to you by the Harmony Riding & Driving Club. Please mail to  
Clinic Organizer: Rebecca Billard, 259 Hopkins Rd., Pulaski, TN 38478 phone: 931-424-0827*